

Tai Chi Symposium May 30, 2009 at Kingwood Kung Fu Located at Kingwood
Top Kick Karate, 3939 Woodland Hills Drive, Kingwood TX. 77339

9:30AM
Registration

10:00 Am
Welcome and Introduction - Ed

10:15 AM
Workshops

Qi-Gong/Na Gong
Ed

Stress management
Cindy

Healing
Walter

Push Hands
Dale

Application and Self Defense
Greg

11 AM
Break
11:15 AM
Workshops

Qi-Gong/Na Gong
Ed

Stress management
Cindy

Healing
Walter

Push Hands
Dale

Application and Self Defense
Greg

12 Noon
Break
12:30 AM
Workshops

Qi-Gong/Na Gong
Ed

Stress management
Cindy

Healing
Walter

Push Hands
Dale

Application and Self Defense
Greg

1:15 PM
Open

2:00 PM
Demonstrations

3:00 PM
Close